

Resources in South Los Angeles – SPA 6

FOOD

FOOD PANTRY/FOOD BANK LOCATOR:

[Los Angeles Food Bank Pantry Locator](#)

LET'S BE WHOLE

Free food giveaway at various locations throughout SPA 6 on Thursdays.

Contact: Nina Womack at (323) 371-6323

LYNWOOD PARKS

Meals for kids ages 1-18. For more information, click [here](#)

Hours: Monday -Friday, 2-3pm

Phone: (310) 886-0453

SOUTH LA HEALTH PROJECTS WIC

South LA Health Projects WIC clinics remain open to issue food benefits onto WIC cards. For families that do not have the new WIC card yet, call or visit the website.

Phone: 323-905-7810

Link: <http://www.slahp.org/wic-centers-by-city/>

SHIELDS FOR FAMILIES – SOCIAL SERVICE

AGENCY FOOD BANK

Hours: Thursday, 10:00 am

Phone: 323-242-5000

Location: 11705 Deputy Yamamoto Place
Lynwood, CA 90262

INNER CITY VISIONS

Free groceries for Florence-Firestone Seniors

Phone: (323) 749-7246

More info: [Inner City Visions Senior Help](#)

SHELTERS

BRYANT TEMPLE AME

Winter Shelter Program extended until September 30, 2020. Women only. For more information, click [here](#)

Phone: 323-492-0107

Address: 2514 W. Vernon Ave. 90047

HOME AT LAST

Winter Shelter Program extended until September 30, 2020.

Men's shelter: 323-305-6999

Location: 5171 S. Vermont Ave., Los Angeles
90047

For more information, click [here](#)

Women's shelter: 323-305-6999

Location: 5108 S. Central Ave., Los Angeles
90011

For more information, click [here](#)

GOOD SEED YOUTH DROP-IN CENTER:

Showers, meals, clothing, computer/internet access, peer support groups, linkage to mental health services, substance abuse resources, educational services, employment assistance, and housing assistance

Phone: 855-968-8452

Locations:

2814 W. MLK Jr. Blvd., Los Angeles, CA 90008
1230 Pine Ave, Long Beach, CA 90813

OTHER RESOURCES

CHILDREN'S INSTITUTE, INC.

Fatherhood support groups (online only)

Contact: Keith Parker

Email: kparker@childrensinstitute.org

UNDOCUMENTED COMMUNITY

Resources on addressing fear and coping with stress, health access and guidance, connecting to free/low-cost resources, legal rights as employees, and more. [Tangible Support for Undocumented Communities during COVID-19](#)

by the organization Immigrants Rising

Email: nancy@immigrantsrising.org