

# West Los Angeles (SPA 5) Local Resource List

West Los Angeles resources and services for housed and unhoused residents during the coronavirus/COVID-19 pandemic. Many agencies are operating modified or limited services to reduce the spread of COVID-19. Please call ahead to confirm services. To update or edit a resource, email [LResser@ph.lacounty.gov](mailto:LResser@ph.lacounty.gov).

## Quick Links to Available Topics:

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## FOOD

### BREAD AND ROSES

*Meals available for people experiencing homelessness behind the building.*

663 Rose Ave, Venice, CA 90291

**Phone Number:** (310) 392-9147

### CHIRP LA FOOD PANTRY GUIDE

<http://www.chirpla.org/page/updated-covid-19-food-bank-guide#overlay-context=>

### EMERGENCY FOOD PANTRY

*Food pantry providing families with pre-assembled food bags, one per household. This resource is for all low-income Santa Monica residents.*

**By appointments only, please call:** (424) 410-1354

Monday – Thursday 9am-5pm

Virginia Ave Park Thelma Terry Center

2200 Virginia Ave. Santa Monica, CA 90404

### CULVER PALMS MEAL ON WHEELS

*Food distribution for people who are homebound including seniors 65+. To order meals call between 9:30am-12:30pm Monday – Friday. Service area includes Pico to LAX.*

4427 Overland Ave. Culver City, CA 90230

[mowculverpalms@gmail.com](mailto:mowculverpalms@gmail.com)

**Phone:** (310) 559-0666

### GRACE DINER AT GRACE LUTHERAN CHURCH

*In partnership with local restaurants, distributing free hot meals 5 days/week, Monday - Friday, 4:30-6 pm.*

4427 Overland Ave, Culver City, CA 90230

**Phone:** (310) 559-1027

### MEALS ON WHEELS WEST

*Food delivery for people who are homebound of all ages and incomes. Serving Santa Monica, Pacific Palisades, Malibu, Marina del Rey, and Venice.*

**Phone:** (310) 394-5133 x 1

<http://www.mealsonwheelswest.org/>

### SAFE PLACE FOR YOUTH

*Pre-packaged food available for homeless youth on Tuesdays, Wednesdays and Thursdays from 11am-3pm.*

2469 Lincoln Blvd, Venice, CA 90291

<http://www.safeplaceforyouth.org/youth>

### ST. AUGUSTINE CATHOLIC CHURCH

*Distribution Monday, Wednesday, and Friday 9am-11am. Call to verify your zip code.*

3820 Jasmine Ave, Culver City, CA 90232

**Phone Number:** (310) 838-2702

### ST. GERARD'S CATHOLIC CHURCH

*Every Tuesday and Thursday from 9am-3pm. Must bring picture I.D proof of address, and proof of income. (Local residents only)*

4439 Inglewood Blvd, Los Angeles, CA 90302

**Phone Number:** (310) 390-5034

### ST. JOSEPH CENTER

*Monday, Wednesday, Thursday, 10am-12pm; Tuesday and Friday 1pm-3pm. Client must bring their own bags. Due to COVID-19, call beforehand.*

204 Hampton Drive Venice, CA 90291

**Phone Number:** (310) 396-6468

### ST. ROBERT'S – CATHOLIC CHARITIES

*Lunch distribution Saturday 9am-2pm*

211 3<sup>rd</sup> Avenue Los Angeles, CA, 90291

**Phone:** (310) 392-8701

## THE BIBLE TABERNACLE

*Distribution Monday, Wednesday, and Friday's 9:30am until supplies last.*

1761 Washington Way, Venice, CA 90291

**Phone Number:** (310) 821-6116

## THE PEOPLE CONCERN ACCESS CENTER

*Offering sack lunches throughout the week. Call ahead to confirm. Monday – Friday from 9am-12pm, except Tuesday open at 1:30pm; Saturday 9:30am; Sunday 10:30am.*

503 Olympic Blvd Santa Monica, CA, 90401

**Phone Number:** (310) 450-4050

## VENICE FAMILY CLINIC FREE FOOD MARKET

*Food distribution, every second and fourth Tuesday from 10am-12pm*

Simms/Mann Health and Wellness Center

2509 Pico Blvd, Santa Monica, CA 90405

**Phone:** (310) 664-7525

## WESTSIDE FOOD BANK

*List of food pantries in West Los Angeles. Please call to ensure they are open.*

**Phone:** (310) 828-6016

**Website:**

[http://www.westsidefoodbankca.org/index.php?option=com\\_content&task=view&id=70&Itemid=94](http://www.westsidefoodbankca.org/index.php?option=com_content&task=view&id=70&Itemid=94)

## WIC PROGRAM

*Food and support services for those who are low-income and pregnant or have a child under age five. WIC now offers a WIC card to access benefits easily.*

Apply online at [www.phfewic.org/apply](http://www.phfewic.org/apply) or text APPLY to 91997

## CHILDCARE SERVICES

### CONNECTION FOR CHILDREN

*Childcare resources for essential workers. Please identify yourself as an essential worker at the onset of the call and/or leave a message with your name, email, and best time to contact.*

**Phone:** (310) 452-3325 ext. 219

**Website:**

<https://www.connectionsforchildren.org/covid-19-updates/>

## DROP-IN/ACCESS CENTERS

### 1736 FAMILY SOURCE CENTER

*Seeing both new and existing clients for emergency assistance by appointment only.*

**Contact:** Amanda Marquez at (323) 904-3832 ext. 211

### DANIEL'S PLACE

*Drop-in center available for transitional aged youth (ages 16-28). Sun-Mon: 9am-1pm; Tues-Fri: 2:30pm-6pm; Sat: 9:30am-5:30pm.*

<https://www.stepuponsecond.org/services/programs-for-transitional-age-youth-tay/>

### THE LANDING AT ST. ROBERT'S CENTER

*Daytime wellness and respite drop-in center for pregnant & parenting youth ages 14-24 and their children. Services are currently by appointment only please call:*

Dara Falaye at (213) 318-5758 or Ruben Borrero at (213) 318-5762

211 3rd Ave. Venice, CA 90291

### THE PEOPLE CONCERN ACCESS CENTER

*Offering showers and sack lunches. Showers Monday-Friday 8am-12pm, 1pm-3pm; Saturday and Sunday 8am-12pm.*

503 Olympic Blvd., Santa Monica, CA 90401

**Phone Number:** (310) 450-4050

### SAFE PLACE FOR YOUTH

*Pre-packaged food available for homeless youth on Tuesdays, Wednesdays and Thursdays from 11am-3pm.*

2469 Lincoln Blvd, Venice, CA 90291

<http://www.safeplaceforyouth.org/youth>

## EMPLOYMENT

### CHRYSALIS

*Employment services and case management. All services currently done by phone, including intake.*

**Phone:** 213-394-2390

**Email:** [CS@changelives.org](mailto:CS@changelives.org)

### VENICE COMMUNITY HOUSING: YOUTH BUILD

*Youth Build provides education, job training and leadership development to out-of-school and out-of-work youth, ages 18-24. Call for an appointment for intake.*

**Phone:** (310) 399-4100

## HEALTH SERVICES

### VENICE FAMILY CLINIC

- If you are sick with symptoms related to COVID-19 (fever, cough, shortness of breath) or have a medical need that requires attention, call (310) 392-8636  
- For urgent dental care needs, call (310) 664-7878  
- Health insurance (Medi-Cal or MHLA), and CalFresh enrollment available via phone, call (310) 664-7509

### WESTSIDE FAMILY HEALTH CENTER

Offering a variety of health services. Individuals and families interested in scheduling an appointment should call (310) 450-2191.

**New location:** 3861 Sepulveda Blvd, Culver City, CA 90230

## LEGAL SERVICES

### 1736 LEGAL SERVICES

Accepting clients and providing legal services.  
Contact: (323) 737-3900 x 237

### INNER CITY LAW CENTER

Providing resources and legal support with tenant's rights and eviction guidance, including a sample letter for inability to pay rent due to COVID-19.

**Website:** <https://www.innercitylaw.org/services/>

**Phone:** (213) 891-2880, dial 0 and leave a voicemail

## MENTAL HEALTH

### 1736 FAMILY CRISIS CENTER

**24-Hour Hotline:** (310) 370-5902 or (310) 379-3620

### AGAPE INTERNATIONAL SPIRITUAL CENTER

Online Crisis Support Clinic every Monday, 4-6pm.

**Email:** [crisisupport@agapelive.com](mailto:crisisupport@agapelive.com) to schedule a 20-minute appointment.

**Website:** <https://agapelive.com/pages/agapelive-at-home>

### ALCOTT CENTER FOR MENTAL HEALTH SERVICES

Mental health services, including for those uninsured. Offering remote intake and counseling via telehealth.

**Phone:** (310) 785-2121

### DIDI HIRSCH MENTAL HEALTH SERVICES

Offering mental health services through telemedicine and teletherapy.

**Intake line:** 888-807-7250

**Suicide hotline:** 800-273-8255

### EDELMAN WESTSIDE MENTAL HEALTH CENTER

Taking referrals for new and existing clients  
11080 W. Olympic Blvd. LA, CA 90064  
**Phone:** (310) 966-6500

### EXODUS URGENT CARE CENTER

Same-day mental health services  
11444 W. Washington Blvd, Suite D  
**Intake phone:** (800) 829-3923

### RELATIONAL CENTER

Free online support groups, open to the public  
Website: [www.relationalcenter.org/onlinesupport/](http://www.relationalcenter.org/onlinesupport/)

### PACIFIC ASIAN COUNSELING SERVICES

Mental health services. Offering counseling via telehealth.  
**Phone:** (310) 337-1550

### SHARE SELF-HELP

Self-help and recovery groups will be conducted over Zoom. Includes groups run by Recovery International  
**See schedule:** <https://shareselfhelp.org/programs-share-the-self-help-and-recovery-exchange/self-help-support-groups/>

### VISTA DEL MAR FAMILY SERVICES

Mental health and wellness, intensive treatment and family support for low income individual and families. By appointment only, Monday – Friday 9am- 7pm

**Phone:** 310-836-1223

Website: <https://www.vistadelmar.org/>

### Family Service of Santa Monica

Program under Vista Del Mar, outpatient community mental health services for low income individuals, and families. **Accepting new clients and providing telehealth.**

**Phone:** (310) 451-9747

### WE EXIST

LGBTQI2-S Peer & Family Support Groups and a digital drop-in space are available over Zoom

**Instagram:** @WeExist.ttc **Phone:** (818) 527-6562

**Email:** [weexist@tarzanatc.org](mailto:weexist@tarzanatc.org)

## PERSONAL HYGIENE

### LAHSA HANDWASHING STATIONS

Map available here:

<https://www.lahsa.org/documents?id=4340-hygiene-services-locations>

### MOBILE PIT STOP

*Operating toilets and handwashing facilities at 3rd/Rose and Venice/Globe encampments Monday through Friday 7am-7pm*

### MOBILE SHOWERS

*Mobile showers available at 3rd/Rose every Tuesday and Venice/Globe every Friday*

### YMCA

*The following sites will be open Monday through Friday 9am-2pm to offer showers, bathrooms and locker rooms for unsheltered Angelenos.*

#### Collins & Katz Family YMCA

1466 S Westgate Avenue  
Los Angeles, CA 90025  
(310) 477-1511

#### Westchester Family YMCA

8015 S Sepulveda Boulevard  
Westchester, CA 90045  
(310) 670-4316

## SERVICES FOR SENIORS

### WESTSIDE FRIENDS

*No-contact support system for seniors 65+. Providing help with: grocery runs, healthy meals, pharmacy pickups, check-in phone calls and other home errands done by members of the community.*

**Phone:** (213) 785-2052

**Website:** Request help in advance by phone or by visiting [www.westsidefriends.com](http://www.westsidefriends.com)

## SHELTERS

### LA CITY RECREATION CENTER SHELTERS

#### Westwood Recreation Center

1350 S. Sepulveda Blvd, LA CA 90025  
**Phone:** (310) 473-3610

#### Westchester Recreation Center

7000 W. Manchester Ave. Los Angeles CA 90045

**Phone:** (310) 670-7473

#### Cheviot Hills Recreation Center

2551 Motor Ave. Los Angeles CA 90064  
**Phone:** (310) 837-5186

### SAFE PARKING LA

*Provides vehicle dwellers with a safe and legal place to park and sleep at night with access to restrooms, referral and linkages to community resources, case management and more.*

Site amenities may vary according to each site.

8:30 p.m.-6:30 a.m. Daily

**Phone:** (323) 210-3375 Call for availability

**Website:** [www.safeparkingla.org](http://www.safeparkingla.org)

### WINTER SHELTER PROGRAM: WEST LA

*First to Serve - new location Athen's Park*  
12603 S. Broadway, LA CA 90061

[Transportation schedules](#)

## CITY RESOURCES FOR WEST LA CITIES

### CITY OF LOS ANGELES

<https://corona-virus.la/>

### COUNCIL DISTRICT 11:

<https://11thdistrict.com/news/coronavirus-updates-see-the-latest-information/>

### COUNCIL DISTRICT 5:

<http://www.councilmemberpaulkoretz.com/covid-19-news>

### CITY OF BEVERLY HILLS

<http://beverlyhills.org/citymanager/newsroom/novel-coronaviruscovid19/?NFR=1>

### CULVER CITY

<https://www.culvercity.org/live/public-safety/emergency-preparedness/current-disaster-information>

### CITY OF MALIBU

<https://www.malibucity.org/CivicAlerts.aspx?AID=966>

### CITY OF SANTA MONICA

<https://www.santamonica.gov/coronavirus>

**COVID-19 Hotline:** (310) 458-8400