

# **WASHINGTON TEACHERS' UNION**

## DENTAL AND VISION BENEFITS SCHOOL YEAR: 2020-2021

OPEN ENROLLMENT

DCPS PEOPLESOFT ONLINE ENROLLMENT

Dear DCPS Educator,

I urge you to read this booklet carefully. It describes the dental and vision medical benefits available to DCPS educators, fully paid for by the employer. We have these benefits because the members of the Washington Teachers' Union stood together and won them.

Before we organized into a Union, DC teachers had virtually no benefits at all and no rights. As a union, we won a contract that guarantees benefits, protects our rights and lays out the ground rules for how administrators and teachers work together.



Over the years we've realized that just because we won a victory yesterday, doesn't mean that tomorrow we can't lose what we won. We have seen that in order to protect and improve our rights and benefits, we must constantly work to maintain and strengthen our unity.

Without unity we will have no voice in developing the plans and programs that we as professionals know our students need. Many of our schools continue to suffer from under-funding and opportunity and achievement gaps continue to grow across our city. We know that the current teacher evaluation system, IMPACT, encourages educators to place too much emphasis on standardized tests and is a barrier to ensuring that DCPS students receive educational opportunities that serve them best. With unity, we can improve our city's educational systems and the opportunities available to all students.

If you are not already active in the WTU, become active. Check out our website at <a href="http://www.wtulocal6.net/">http://www.wtulocal6.net/</a>. Ensure you #VOTE in local elections. And, please, join us at the WTU Representative Assemblies the second Tuesday of each month during the school year. I also invite you to join one of the Union's many taskforces and committees to get involved in the issues that you care about.

Please read this booklet carefully so that you understand the dental and vision benefits to which you are entitled, but remember, we must actively work to keep them. For more information about benefits, please contact <a href="https://ess.dc.gov">https://ess.dc.gov</a>.

It is my honor to serve you as president. Together we can maintain and strengthen our Union for many years to come. Feel free to call me to share your ideas and insights or to learn more about our union. You can contact me at 202- 957-3119 or edavis@WTULocal6.net.

In Solidarity,

Elizabeth A. Davis, President

Washington Teachers' Union



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# A. ACTION REQUIRED / OVERVIEW OF PLANS

### **ACTION REQUIRED -**

**Enroll online through PeopleSoft** <a href="https://ess.dc.gov">https://ess.dc.gov</a> in order for your benefits to take effect on January 1.

#### **OVERVIEW OF PLANS -**

Dental Plan Options - choose either the In-Network Dental Plan or the PPO Plan

#### **In-Network Only Dental Plan provider benefits include**:

- ✓ Access to a national preferred provider organization network
- ✓ Adult and child orthodontist coverage, In-Network Plan: \$2000 per person per lifetime
- ✓ An annual maximum of \$3500 per person per calendar year.

#### PPO Dental Plan provider benefits include:

- ✓ The option to visit the dentist of your choice, both In and Out-of-Network, from among 2,000 dentists in the National Capital region.
- ✓ Child Orthodontist coverage up to the age of 19.
- ✓ An annual maximum of \$1000 per person per calendar year.

#### Vision Plan - benefits include:

- ✓ In-Network / Out-of-Network Options
- ✓ No copays for exams, materials and contact lens fitting (In-Network)
- ✓ No claims forms needed for In-Network Services
- ✓ Full coverage options for In-Network providers



## B. COVERING DEPENDENTS

#### WHO IS ELIGIBLE FOR DEPENDENT COVERAGE?

**Your Spouse** 

**Your Domestic Partner** 

**Your Child** – Unmarried children, including biological, adopted, placed with you for adoption or stepchildren, as well as any child for whom you have legal custody or guardianship is eligible for coverage.

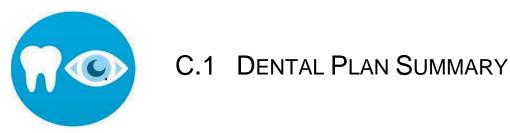
Children may be covered until their 26th birthday.

**Your Disabled Adult Child** – Disabled children older than age 26 may be covered if the disability occurred prior to age 19.

If you would like your plan to cover a spouse, child or other dependents who are not already covered, you must enroll them during Open Season and provide proper documentation.

Without this information your dependents will not have coverage.

If your dependent(s) is currently covered, simply verify their date(s)-of-birth and social security number – in this instance, additional documentation is not required.



#### YOU HAVE A CHOICE BETWEEN TWO DENTAL PLANS: IN-NETWORK ONLY OR PPO PLAN.

There are no payroll deductions for either plan, no matter whether you opt for Single or Family Coverage. If you have dependents you would like to add to your union dental and vision plan -

Make sure your DCPS PeopleSoft account the program you use to enroll into your <u>DCPS health insurance</u> plan; shows Self or Self and Family coverage.

#### IN-NETWORK ONLY PLAN

This is our most popular plan as it offers comprehensive coverage and little to no out-of-pocket costs to you.

Your out-of-pocket cost will be less than the traditional Dental PPO plan.

Members of this plan have access to more than 2000 regional providers and more than 180,000 national providers.

You must receive services from In-Network providers to receive coverage for procedures.

#### There are no Out-of-Network benefits with this plan.

This plan has a larger annual maximum and has no deductibles. You will pay less out of your pocket with this plan.

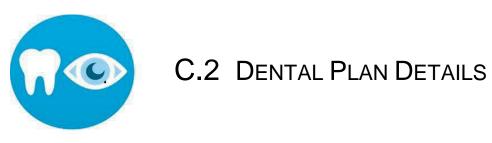
#### **PPO PLAN**

This plan gives you access to a vast national network of PPO providers.

Members of this plan have the flexibility of receiving coverage for both In-Network and Out-of-Network providers, but there is a co-pay, a deductible and less coverage.

This plan will pay Out-of-Network benefits that are deemed Reasonable and Customary (R&C).

Any cost for benefits over what is reasonable and customary will be your responsibility.



PLAN COMPARISON	In-Network Only Plan	PPO	
Coverage for In-Network Providers	YES	YES	
Coverage for Out-Of-Network	NO	YES	
Access to National PPO Providers	YES	YES	
Deductible	\$ 0	\$50 Single / \$150 Family	
Annual Maximum	\$ 3500	\$ 1000	
Orthodontia Coverage	YES: Covered at 50% coinsurance with a \$2000 maximum for children and adults	YES: Covered at 50% coinsurance with a \$ 1000 maximum for children only	
Referrals Needed for Specialty Services	NO	NO	
Additional Benefits	<ul> <li>No claims forms for in-network services</li> <li>No waiting periods for major services</li> <li>No need to select one primary care provider</li> <li>Fixed co-pay options (you will know out-of-pocket costs up front)</li> <li>Emergency and pain relief care covered at in-network rates</li> </ul>	<ul> <li>Consumer MaxMultiplier included (you are able to roll over your unused annual maximum if guidelines are followed.</li> </ul>	
Both plans have access to wo	To find a provider call: 1-866-249-0390		

#### Custom PIO17

, , , , , , , , , , , , , , , , , , , ,			NON ORTHOROUTION			
			NON-ORTHODONTICS NETWORK	ORTHODONTICS NETWORK OR NON-NETWORK		
Individual Annual Deductible			\$0	\$0		
Family Annual Deductible			\$0	\$0		
Annual Maximum Benefit (The total benefit payable listed maximum amount for either Network or Non-N	by the plan will not exceed letwork services.)	the highest	\$3500 per person per plan year	\$2000 per person per lifetime		
Annual Deductible Applies to Preventive and Diagr	nostic Services		No			
Annual Deductible Applies to Orthodontic Services			No			
Waiting Period			No waiting period			
Orthodontic Eligibility Requirement			Children and adult			
COVERED SERVICES*	SAMPLE PROCEDURE	NETWORK ENROLLEE PAYS**	BENEFIT GUIDELINES			
DIAGNOSTIC SERVICES						
Periodic Oral Evaluation	D0120	\$0	Limited to 2 times per consecutive 12 more	nths.		
Radiographs	D0274/D0330	\$0/\$0	Bitewing: Limited to 1 series of films per c	alendar year. Complete/Panorex: Limited to		
			1 time per consecutive 36 months.			
Lab and Other Diagnostic Tests		\$0				
PREVENTIVE SERVICES	D4442	^^	11.77.14.00			
Dental Prophylaxis (Cleanings)	D1110	\$0	Limited to 2 times per consecutive 12 mon			
Fluoride Treatments	D1203	\$0	Limited to covered persons under the age	e of 16 years and limited to 2 times per		
Tidondo Tidamonto	D1200	Ψ0	consecutive 12 months.			
			Limited to covered persons under the age	of 16 years and once per first or second		
Sealants	D1351	\$0	permanent molar every consecutive 36 m	onths		
Space Maintainers	D1515	\$61	For covered persons under the age of 16 years, limit 1 per consecutive 60 months.			
BASIC DENTAL SERVICES		, ,	To covered persons and a title ago of to	yours, milk i per concoodaive or monare.		
Restorations (Amalgam or Anterior Composite)*	D2331	\$0	Multiple restorations on one surface will be	treated as a single filling.		
- tooloration (/ maigani or miterior composito)	2200.		Covered as a separate benefit only if no other service was done during the visit other			
Palliative Treatment	D9110	\$25	than X-rays.	<b>G</b>		
General Anesthesia	D9220	\$171	When clinically necessary.			
Control / West Hook	DOZZO	·	Covered only if prescribed to control habitual grinding, and limited to 1 guard every			
Occlusal Guard	D9940	\$171	consecutive 36 months.			
Simple Extractions	D7140	\$23	Limited to 1 time per tooth per lifetime.			
Oral Surgery (includes surgical extractions)	D7240	\$189	, ,			
Periodontics	D4260/D4341/D4910	\$387/\$70/\$36	Perio Surgery: Limited to 1 quadrant or site per consecutive 36 months per surgic Scaling and Root Planing: Limited to 1 time per quadrant per consecutive 24 mon Periodontal Maintenance: Limited to 2 times per consecutive 12 months following a and adjunctive periodontal therapy, exclusive of gross debridement.			
Endodontics	D3330	\$333	Root Canal Therapy: Limited to 1 time pe	r tooth per lifetime.		
MAJOR DENTAL SERVICES	20000	ΨΟΟΟ				
	D0E00/D0E40/D07E0	#200/#222/#2FC	Limited to 4 time per testle assessed C	a CO mantha		
Inlays/Onlays/Crowns*	D2520/D2542/D2750	\$288/\$333/\$356	Limited to 1 time per tooth per consecutive	e ou montas.		
Dentures and other Removable Prosthetics	D5110/D5214	\$410/\$432	Full Denture/Partial Denture: Limited to 1 allowances for precision or semi-precision			
Fixed Partial Dentures (Bridges)*	D6240	\$351	Limited to 1 time per tooth per consecutive	e 60 months		
ORTHODONTIC SERVICES	D8080					
Diagnose or correct misalignment of the teeth or bite		50%				
-		-3/0				

<sup>\*</sup> Your dental plan provides that where two or more professionally acceptable dental treatments for a dental condition exist, your plan bases reimbursement on the least costly treatment alternative. If you and your dentist have agreed on a treatment which is more costly than the treatment on which the plan benefit is based, you will be responsible for the difference between the fee for service rendered and the fee covered by the plan. In addition, a pre-treatment estimate is recommended for any service estimated to cost over \$500; please consult your dentist. \*\* The network enrollee copay will be the lesser of the copay shown above and the discounted fee negotiated with the provider. In accordance with the Illinois state requirement, a partner in a Civil Union is included in the definition of Dependent. For a complete description of Dependent Coverage, please refer to your Certificate of Coverage.

The Prenatal Dental Care (not available in WA) and Oral Cancer Screening programs are covered under this plan. The material contained in the above table is for informational purposes only and is not an offer of coverage. Please note that the above provides only a

UnitedHealthcare Dental® In Network Only (INO) Plan is either underwritten or provided by: UnitedHealthcare Insurance Company, Hartford, Connecticut; UnitedHealthcare Insurance Company of New York, Hauppage, New York; Unimerica Insurance Company, Milwaukee, Wisconsin; Unimerica Life Insurance Company of New York, New York, New York, New York, New York, New York, Or United HealthCare Services, Inc

The Prenatal Dental Care (not available in WA) and Oral Cancer Screening programs are covered under this plan. The material contained in the above table is for informational purposes only and is not an offer of coverage. Please note that the above provides only a brief, general description of coverage and does not constitute a contract. For a complete listing of your coverage, including exclusions and limitations relating to your coverage, please refer to your Certificate of Coverage or contact your benefits administrator. If differences exist between this Summary Benefits and your Certificate of Coverage/benefits administrator, the Certificate/benefits administrator will govern. All terms and conditions of coverage are subject to applicable state and federal laws. State mandates regarding benefit levels and age limitations may supersede plan design features.

#### UnitedHealthcare/dental exclusions and limitations

Dental Services described in this section are covered when such services are:

- A. Necessary;
- B. Proviced by or under the direction of a Dentist or other appropriate provider as specifically described;
- C. The least costly, clinically accepted treatment; and
- D. Not excluded as described in the Section entitled. General Exclusions.

#### **GENERAL LIMITATIONS**

PERIODIC ORAL EVALUATION Limited to 2 times per consecutive 12 months.

COMPLETE SERIES OR PANOREX RADIOGRAPHS Limited to 1 time per consecutive 36 months.

BITEWING RADIOGRAPHS Limited to 1 series of films per calendar year. EXTRAORAL RADIOGRAPHS Limited to 2 films per calendar year.

DENTAL PROPHYLAXIS Limited to 2 times per consecutive 12 months. FLUORIDE TREATMENTS Limited to covered persons under the age of 16 years, and limited to 2 times per consecutive 12 months.

SPACE MAINTAINERS Limited to covered persons under the age of 16 years, limited to 1 per consecutive 60 months. Benefit includes all adjustments within 6 months of installation

SEALANTS Limited to covered persons under the age of 16 years, and once per first or second permanent molar every consecutive 36 months.

RESTORATIONS Multiple restorations on one surface will be treated as a single filling.

PIN RETENTION Limited to 2 pins per tooth; not covered in addition to cast restoration.

INLAYS AND ONLAYS Limited to 1 time per tooth per consecutive 60 months. Covered only when a filling cannot restore the tooth.

CROWNS Limited to 1 time per tooth per consecutive 60 months. Covered only when a filling cannot restore the tooth.

POST AND CORES Covered only for teeth that have had root canal therapy. SEDATIVE FILLINGS Covered as a separate benefit only if no other service, other than x-rays and exam, were performed on the same tooth during the visit. SCALING AND ROOT PLANING Limited to 1 time per quadrant per consecutive 24 months.

ROOT CANAL THERAPY Limited to 1 time per tooth per lifetime.

PERIODONTAL MAINTENANCE Limited to 2 times per consecutive 12 months following active or adjunctive periodontal therapy, exclusive of gross debridement.

FULL DENTURES Limited to 1 time every consecutive 60 months. No additional allowances for precision or semi-precision attachments.

PARTIAL DENTURES Limited to 1 time every consecutive 60 months. No additional allowances for precision or semi-precision attachments.

RELINING AND REBASING DENTURES Limited to relining/rebasing performed more than 6 months after the initial insertion. Limited to 1 time per consecutive 12 months.

REPAIRS TO FULL DENTURES, PARTIAL DENTURES, BRIDGES
Limited to repairs or adjustments performed more than 12 months after the initial insertion. Limited to 1 per consecutive 6 months.

PALLIATIVE TREATMENT Covered as a separate benefit only if no other service, other than the exam and radiographs, were performed on the same tooth during the visit.

OCCLUSAL GUARDS Limited to 1 guard every consecutive 36 months and only covered if prescribed to control habitual grinding.

FULL MOUTH DEBRIDEMENT Limited to 1 time every consecutive 36 months.

GENERAL ANESTHESIA Covered only when clinically necessary.

OSSEOUS GRAFTS Limited to 1 per quadrant or site per consecutive 36 months.

PERIODONTAL SURGERY Hard tissue and soft tissue periodontal surgery are limited to 1 quadrant or site per consecutive 36 months per surgical area.

REPLACEMENT OF COMPLETE DENTURES, FIXED OR REMOVABLE PARTIAL DENTURES, CROWNS, INLAYS OR ONLAYS Replacement of complete dentures, fixed or removable partial dentures, crowns, inlays or onlays previously submitted for payment under the plan is limited to 1 time per consecutive 60 months from initial or supplemental placement. This includes retainers, habit appliances, and any fixed or removable interceptive orthodontic appliances.

#### GENERAL EXCLUSIONS

The following are not covered:

- 1. Dental Services that are not necessary.
- 2. Hospitalization or other facility charges
- Any dental procedure performed solely for cosmetic/aesthetic reasons. (Cosmetic procedures are those procedures that improve physical appearance.)
- Reconstructive Surgery regardless of whether or not the surgery is incidental to a dental disease, injury, or Congenital Anomaly when the primary purpose is to improve physiological functioning of the involved part of the body.
- Any dental procedure not directly associated with dental disease.
- 6. Any dental procedure not performed in a dental setting.
- 7. Procedures that are considered to be Experimental, Investigational or Unproven. This includes pharmacological regimens not accepted by the American Dental Association (ADA) Council on Dental Therapeutics. The fact that an Experimental, Investigational or Unproven Service, treatment, device or pharmacological regimen is the only available treatment for a particular condition will not result in coverage if the procedure is considered to be Experimental, Investigational or Unproven in the treatment of that particular condition.
- Services for injuries or conditions covered by Worker's
   Compensation or employer liability laws, and services
   that are provided without cost to the covered person
   by any municipality, county, or other political
   subdivision. This exclusion does not apply to any
   services covered by Medicaid or Medicare.
- 9. Expenses for dental procedures begun prior to the covered person becoming enrolled under the Policy.
- 10. Dental Services otherwise covered under the Policy, but rendered after the date individual coverage under the Policy terminates, including Dental Services for dental conditions arising prior to the date individual coverage under the Policy terminates.
- 11. Services rendered by a provider with the same legal residence as a covered person or who is a member of a covered person's family, including spouse, brother, sister, parent or child.
- Foreign Services are not covered unless required as an Emergency.
- 13. Replacement of complete dentures, fixed and removable partial dentures, or crowns, if damage or breakage was directly related to provider error. This type of replacement is the responsibility of the Dentist. If replacement is necessary because of patient non-compliance, the patient is liable for the cost of replacement.
- Fixed or removable prosthodontic restoration procedures for complete oral rehabilitation or reconstruction.

- 15. Attachments to conventional removable prostheses or fixed bridgework. This includes semi-precision or precision attachments associated with partial dentures, crown or bridge abutments, full or partial overdentures, any internal attachment associated with an implant prosthesis, and any elective endodontic procedure related to a tooth or root involved in the construction of a prosthesis of this nature.
- Procedures related to the reconstruction of a patient's correct vertical dimension of occlusion (VDO).
- 17. Placement of dental implants, implant-supported abutments and prostheses
- Placement of fixed partial dentures solely for the purpose of achieving periodontal stability.
- Treatment of benign neoplasms, cysts, or other pathology involving benign lesions, except excisional removal. Treatment of malignant neoplasms or Congenital Anomalies of hard or soft tissue, including excision.
- 20. Setting of facial bony fractures and any treatment associated with the dislocation of facial skeletal hard tissue
- 21. Services related to the temporomandibular joint (TMJ), either bilateral or unilateral. Upper and lower jaw bone surgery (including that related to the temporomandibular joint). No coverage is provided for orthognathic surgery, jaw alignment, or treatment for the temporomandibular joint.
- 22. Acupuncture; acupressure and other forms of alternative treatment, whether or not used as anesthesia
- 23. Drugs/medications, obtainable with or without a prescription, unless they are dispensed and utilized in the dental office during the patient visit.
- 24. Charges for failure to keep a scheduled appointment without giving the dental office 24 hours notice.
- 25. Occlusal guards used as safety items or to affect performance primarily in sports-related activities.
- 26. Dental Services received as a result of war or any act of war, whether declared or undeclared or caused during service in the armed forces of any country.
- 27. Orthodontic coverage does not include the installation of a space maintainer, any treatment related to treatment of the temporomandibular joint, any surgical procedure to correct a malocclusion, replacement of lost or broken retainers and/or habit appliances, and any fixed or removable interceptive orthodontic appliances previously submitted for payment under the plan.

#### Options PPO/covered dental services for Washington Teachers Union

### Custom P7951/MAC

	NON-ORTHODONTICS		ORTHODONTICS					
	NETWOR				NETWORK	NON-NETWORK		
Individual Annual Plan Year Deductible	\$50		\$50			\$0	\$0	
Family Annual Plan Year Deductible	\$150		\$150			\$0	\$0	
Maximum (the sum of all Network and Non-Network benefits will not exceed annual maximum)	\$1000 per person per Plan Year		\$1000 per person per Plan Year		\$1000 per child per Lifetime	\$1000 per child per Lifetime		
New enrollee's waiting period:								
Orthodontia Eligibility					Child Only (up to age 19)			
Annual deductible applies to pre-	ventive, diagn	ostic and	ortho	odontic service	s	No		
COVERED SERVICES*		NETWORK P	WORK PLAN NON-NETWORK PAYS*** BE		BE	BENEFIT GUIDELINES		
DIAGNOSTIC SERVICES								
Periodic Oral Evaluation		100%		80%	Lim	Limited to 2 times per consecutive 12 months.		
Radiographs		100%		80%		Bitewing: Limited to 1 series of films per plan year. Complete/Panorex: Limited to 1 time per consecutive 36 months.		
Lab and Other Diagnostic Tests		100%	100% 80%					
PREVENTIVE SERVICES								
Prophylaxis (Cleanings)		100%		80%	Lim	Limited to 2 times per consecutive 12 months.		
Fluoride Treatment (Preventive)		100%		80%		Limited to Covered Persons under the age of 16 years, and limited to 2 times per consecutive 12 months.		
Sealants				80%		Limited to Covered Persons under the age of 16 years and once personnel pers		
Space Maintainers				80%	For	For Covered Persons under the age of 16 years, limited to 1 per cons 60 months.		
BASIC SERVICES		<u>'</u>						
Restorations (Amalgams or Compos	site)	80%		60%	Mu	Itiple restorations on one surface wil	I be treated as a single filling.	
General Services including Palliative Treatment		80%		60%	Co	General Anesthesia: When clinically necessary. Palliative Treatr Covered as a separate benefit only if no other service was done visit other than X-rays.		
Simple Extractions		80%		60%	Lim	nited to 1 time per tooth per lifetime.		
MAJOR SERVICES								
Oral Surgery (includes surgical extra	actions)	50%		40%				
Periodontics		50%		40%	Sur Sca mo	rio Surgery: Limited to 1 quadrant or gical area. aling and Root Planning: Limited to 1 inths. riodontal Maintenance: Limited to 2 t	I time per quadrant per consecutive 2	
Endodontics		50%		40%				
Inlays/Onlays/Crowns	s/Onlays/Crowns			40%	Lim	Limited to 1 time per tooth per consecutive 60 months.		
Dentures and other Removable Prosthetics		50%		40%	Full Denture/Partial Denture: Limited to 1 per consecutiv additional allowances for precision or semi-precision atta			
Fixed Partial Dentures (Bridges)		50%		40% Once per tooth per consecutive 60 month		nths.		
ORTHODONTIC SERVICES		•						

<sup>#</sup> This plan includes a roll-over maximum benefit. Some of the unused portion of your annual maximum may be available in future periods.

50%

Preauthorization required

50%

The Prenatal Dental Care and Oral Cancer Screening programs are covered under this plan.

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laws. State mandates regarding benefit levels and age limitations may supersede plan design features.

UnitedHealthCare Dental Options PPO Plan is either underwritten or provided by: United HealthCare Insurance Company, Hartford, Connecticut; United HealthCare Insurance Company of New York, New York, New York or United HealthCare Services, Inc.

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Orthodontia

<sup>\*</sup>Your dental plan provides that where two or more professionally acceptable dental treatments for a dental condition exist, your plan bases reimbursement on the least costly treatment alternative. If you and your dentist agreed on a treatment which is more costly than the treatment on which the plan benefit is based, you will be responsible for the difference between the fee for service rendered and the fee covered by the plan. In addition, a pre-treatment estimate is recommended for any service estimated to cost over \$500; please consult your dentist.

\*\*The In and Out of network percentage of benefits is based on the discounted fees negotiated with the provider.

#### **UnitedHealthcare/Dental Exclusions and Limitations**

#### **General Limitations**

PERIODIC ORAL EVALUATION Limited to 2 times per consecutive 12 months

COMPLETE SERIES OR PANOREX RADIOGRAPHS Limited to one time per consecutive 36 months. Exception to this limit will be made for Paronex Radiograph if taken for diagnosis of molars, Cysts or neoplasms

BITEWING RADIOGRAPHS Limited to 1 series of films per plan year.

EXTRAORAL RADIOGRAPHS Limited to 2 films per Plan Year

DENTAL PROPHYLAXIS Limited to 2 times per consecutive 12

FLUORIDE TREATMENTS Limited to Covered Persons under the age of 16 years, and limited to 2 times per consecutive 12

SEALANTS Limited to Covered Persons under the age of 16 years and once per first or second permanent molar every consecutive 36 months.

SPACE MAINTAINERS Limited to Covered Persons under the age of 16 years. Limited to 1 per consecutive 60 months. Benefit includes all adjustment within 6 months of installation

RESTORATIONS Multiple restorations on 1 surface will be treated as a single filling.

PIN RETENTION Limited to 2 pins per tooth; not covered in addition to cast restoration.

INLAYS AND ONLAYS Limited to 1 time per tooth per consecutive 60 months. Covered only when a filling cannot restore the tooth.

CROWNS Limited to 1 time per tooth per consecutive 60 months. Covered only when a filling cannot restore the tooth.

POST AND CORES Covered only for teeth that have had root

SEDATIVE FILLINGS Covered as a separate benefit only if no other service, other than x-rays and exam were performed on the same tooth during the visit.

SCALING AND ROOT PLANING Limited to 1 time per quadrant per consecutive 24 months.

PERIODONTAL MAINTENANCE Limited to 2 times per

FULL DENTURES Limited to 1 time every consecutive 60 months. No additional allowances for precision or semi-precision attachments.

PARTIAL DENTURES Limited to 1 time every consecutive 60 months. No additional allowances for precision or semi-

RELINING AND REBASING DENTURES Limited to relining/rebasing performed more than 6 months after the initial insertion. Limited to 1 time per consecutive 12 months.

REPAIRS TO FULL DENTURES, PARTIAL DENTURES, BRIDGES Limited to repairs or adjustments performed more than 12 months after the initial insertion. Limited to 1 time per consecutive 6 months.

PALLIATIVE TREATMENT Covered as a separate benefit only if no other service, other than exam and radiographs, were performed on the same tooth during the visit.

OCCLUSAL GUARDS Limited to 1 guard every consecutive 36 months and only if prescribe to control habitual grinding.

FULL MOUTH DEBRIDMENT Limited to 1 time every

GENERAL ANETHSTHESIA Covered only when clinically

OSSEOUS GRAFTS Limited to 1 per quadrant or site per

PERIODONTAL SURGERY Hard tissue and soft tissue periodontal surgery are limited to 1 per quadrant or site per consecutive 36 months per surgical area

REPLACEMENT OF COMPLETE DENTURES, FIXED OR REMOVABLE PARTIAL DENTURES, CROWNS, INLAYS OR ONLAYS Replacement of complete dentures, fixed or removable partial dentures, crowns, inlays or onlays previously submitted for payment under the plan is limited to 1 time per consecutive 60 months from initial or supplemental placement. This includes retainers, habit appliances, and any fixed or removable interceptive orthodontic appliances.

#### **General Exclusions**

The following are not covered:

- 1. Dental Services that are not necessary.
- 2. Hospitalization or other facility charges.
- 3. Any dental procedure performed solely for cosmetic/aesthetic reasons. (Cosmetic procedures are those procedures that improve physical appearance.)
- 4. Reconstructive Surgery regardless of whether or not the surgery which is incidental to a dental disease, injury, or Congenital Anomaly when the primary purpose is to improve physiological functioning of the involved part of the body.
- 5. Any dental procedure not directly associated with dental disease.
- 6. Any procedure not performed in a dental setting.
- 7. Procedures that are considered to be Experimental, Investigational or Unproven. This includes pharmacological regimens not accepted by the American Dental Association (ADA) Council on Dental Therapeutics. The fact that an Experimental, Investigational or Unproven Service, treatment, device or pharmacological regimen is the only available treatment for a particular condition will not result in Coverage if the procedure is considered to be Experimental, Investigational or Unproven in the treatment of that particular condition
- 8. Services for injuries or conditions covered by Worker's Compensation or employer liability laws, and services that are provided without cost to the Covered Person by any municipality, county, or other political subdivision. This exclusion does not apply to any services covered by Medicaid or Medicare.
- Expenses for dental procedures begun prior to the covered person becoming enrolled under the policy.
- 10. Dental Services otherwise Covered under the Policy but rendered after the date individual Coverage under the Policy terminates, including Dental Services for dental conditions arising prior to the date individual Coverage under the Policy terminates.
- 11. Services rendered by a provider with the same legal residence as a Covered Person or who is a member of a Covered Person's family, including spouse, brother, sister, parent or child.
- 12. Foreign services are not covered unless required as an Emergency.

- 13. Replacement of complete dentures fixed and removable partial dentures or crowns if damage or breakage was directly related to provider error. This type of replacement is the responsibility of the Dentist. If replacement is necessary because of patient non-compliance, the patient is liable for the cost of replacement.
- 14. Fixed or removable prosthodontic restoration procedures for complete oral rehabilitation or reconstruction.
- 15. Attachments to conventional removable prostheses or fixed bridgework. This includes semi-precision or precision attachments associated with partial dentures, crown or bridge abutments, full or partial overdentures, any internal attachment associated with an implant prosthesis and any elective endodontic procedure related to a tooth or root involved in the construction of a prosthesis of this nature.
- 16. Procedures related to the reconstruction of a patient's correct vertical dimension of occlusion (VDO).
- 17. Placement of dental implants, implants-supported abutments and prostheses. (Not applicable for plans with implants)
- 18. Placement of fixed partial dentures solely for the purpose of achieving periodontal stability.
- 19. Treatment of benign neoplasms, cysts or other pathology involving benign lesions, except excisional removal. Treatment of malignant neoplasms or Congenital Anomalies of hard or soft tissue, including excision.
- 20. Setting of facialbony fractures and any treatment associated with the dislocation of facial skeletal hard tissue
- 21. Services related to the temporomandibular joint (TMJ), either bilateral or unilateral. Upper and lower jawbone surgery (including that related to the temporomandibular joint). No coverage is provided for orthognathic surgery, jaw alignment or treatment for the temporomandibular joint.
- 22. Acupuncture; acupressure and other forms of alternative treatment, whether or not used as anesthesia
- 23. Drugs/medications, obtainable with or without a prescription, unless they are dispensed and utilized in the dental office during the patient visit.
- 24. Charges for failure to keep a scheduled appointment without giving the dental office 24 hours' notice.
- 25. Occlusal guard used as safety items or to affect performance primarily in sports-related activities
- 26. Dental Services received as a result of war or any act of war, whether declared or undeclared or caused during service in the armed forces of any country.
- 27. Orthodontic coverage does not include the installation of a space maintainer, any treatment related to treatment of the temporomandibular joint, any surgical procedure to correct a malocclusion, replacement of lost or broken retainers and/or habit appliances, and any fixed or removable interceptive orthodontic appliances previously submitted for payment under the plan.



## D.1 VISION PLAN SUMMARY

Your vision coverage will be provided by United Healthcare Vision and will include eye exams, frames and lenses or contact lenses. You may choose In-Network or Out-of-Network providers.

Discounts for laser eye surgery (limited to certain locations) are also offered. However, laser eye surgery is not a covered benefit.

BENEFITS COMPARISON	In-Network Only Provider	OUT-OF-NETWORK PROVIDER			
Comprehensive Exam	No Co-Pay	Up to \$25			
Lenses (Standard):					
Single Vision	Covered In Full	Up to \$25			
Bifocal	Covered In Full	Up to \$30			
Trifocal	Covered In Full	Up to \$70			
Lenticular	Covered In Full	Up to \$70			
Frames	Up to \$130	Up to \$15			
Contact Lenses: (in lieu of Glasses) Elective Medically Necessary	(Fully covered contacts or \$150 allowance, not all brands apply) <b>Up to 6 boxes or \$150</b> <b>allowance up to 6 boxes</b>	Up to \$70 Up to \$100			
Benefit Frequency	12 Months	12 Months			
Submitting a Claim	You do not need to submit a claim for this plan. Your doctor should submit a claim on your behalf to United Healthcare.	You must submit a claim to United Healthcare for benefit reimbursement: PO Box 30928, Salt Lake City, Utah 84130			
Both plans have access to: <a href="https://www.myuhcvision.com">www.myuhcvision.com</a> To find a provider call: 1-800-839-3242					

**Lens Options** – Lens Options Include: Standard Scratch Resistant Coating, Polycarbonates, Basic and High-End Progressives, Tints / UV and Transition Lenses, Stand Anti-Reflective Coating

**CONTACT LENS BENEFIT** – Coverage for full contact lens benefits at network providers includes fitting and evaluation, contacts and two follow-up visits (after \$0 co-pay). For those who choose disposable lenses, up to 6 boxes are included when obtained from a network provider; not all brands apply. Non-covered in full contacts receive \$150 allowance which includes fitting fee. If fitting fee is \$30, you have \$120 to purchase contacts.

**LASER VISION BENEFITS** – United Healthcare Vision has partnered with the Laser Vision Network of America (LVNA) to provide our members with access to discounted laser correction providers. Call 1-888-563-4497 or visit www.uhclasik.com for more information.

**ADDITIONAL MATERIALS DISCOUNT PROGRAM** – United Healthcare Vision now offers an Additional Materials Discount Program. At a participating network provider, you will receive a 20% discount on an additional pair of eyeglasses or contact lenses.

Note: Necessary contact lenses are determined at the provider's discretion for one or more of the following conditions:

Following post cataract surgery without intraocular lens implant; to correct extreme vision problems that cannot be corrected with spectacle lenses; with certain conditions or anisometropia; with certain conditions of keratoconus.

If your provider considers contacts necessary, you should ask your provider to contact United Healthcare Vision and confirm reimbursement before you purchase such contacts.



## D.2 VISION PLAN DETAILS

Washington Teachers' Union Benefit Plan



Customer Service and Provider Locator: (800) 638-3120 myuhcvision.com

United Healthcare vision has been trusted for more than 50 years to deliver affordable, innovative vision care solutions to the nation's leading employers through experienced, customer-focused people and the nation's most accessible, diversified vision care network. In-network, covered-in-full benefits (up to the plan allowance and after applicable copay) include a comprehensive exam, eyeglasses with standard single vision, lined bifocal, lined trifocal, or lenticular lenses, standard scratch-resistant coating and the frame, or contact lenses in lieu of eyeglasses.

	Exam with Materials		
Senefit Frequency			
Comprehensive Exam(s)	Once every 12 months		
Spectacle Lenses	Once every 12 months		
Frames	Once every 12 months		
Contact Lenses in Lieu of Eyeglasses	Once every 12 months		
In-Net	twork Services		
Copays			
Exam(s)	\$ 0.00		
Materials	\$ 0.00		
rame Benefit (for frames that exceed the allowance, an	additional 30% discount may be applied to the overage) <sup>1</sup>		
Private Practice Provider	\$130.00 retail frame allowance		
Retail Chain Provider	\$130.00 retail frame allowance		
ens Options			
myuhcvision.com.  contact Lens Benefit² (Selection contact lenses refers to our formula)	count varies by provider). The Lens Options list can be found at ry contact list. Contact lenses not listed on the formulary are referred to as		
non-selection. A copy of the list can be found at myuhcvision	,		
Selection contact lenses The fitting/evaluation fees, contact lenses, and up to two follow-up visits are covered in full after copay (if applicable).	If you choose disposable contacts, up to 6 boxes are included when obtained from an in-network provider.		
Non-selection contact lenses An allowance is applied toward the purchase of contact lenses outside the selection. Materials copay (if applicable) is waived.	\$150.00		
Necessary contact lenses <sup>3</sup>	Covered in full after copay (if applicable).		
Out-of-Network Reimk	oursements (Copays do not apply)		
Exam(s)	Up to \$25.00		
Frames	Up to \$15.00		
Single Vision Lenses	Up to \$25.00		
Lined Bifocal Lenses	Up to \$30.00		
Lined Trifocal Lenses	Up to \$70.00		
Lenticular Lenses	Up to \$70.00		
Elective Contacts in Lieu of Eyeglasses <sup>2</sup>	Up to \$70.00		
Necessary Contacts in Lieu of Eyeglasses <sup>3</sup> Up to \$100.00			
	<u> </u>		

#### Discounts

#### Laser vision

UnitedHealthcare has partnered with the Laser Vision Network of America (LVNA) to provide our members with access to discounted laser vision correction providers. Members receive 15% off standard or 5% off promotional pricing at more than 550 network provider locations and even greater discounts through set pricing at LasikPlus® locations. For more information, call 1-888-563-4497 or visit us at www.uhclasik.com.

#### Additional Material

At a participating in-network provider you will receive up to a 20% discount on an additional pair of eyeglasses or contact lenses. This program is available after your vision benefits have been exhausted. Please note that this discount shall not be considered insurance, and that UnitedHealthcare shall neither pay nor reimburse the provider or member for any funds owed or spent. Additional materials do not have to be purchased at the time of initial material purchase.

#### **Hearing Aids**

As a UnitedHealthcare vision plan member, you can save on high-quality hearing aids when you buy them from hi Health Innovations™. To find out more go to hiHealthInnovations.com. When placing your order use promo code my Vision to get the special price discount.

130% discount available at most participating in-network provider locations. May exclude certain frame manufacturers. Please verify all discounts with your provider. <sup>2</sup>Contact lenses are in lieu of eyeglass lenses and/or eyeglass frames. Coverage for Selection contact lenses does not apply at Costco, Walmart or Sam's Club locations. The allowance for Non-selection contact lenses applies to materials. No portion will be exclusively applied to the fitting and evaluation.

3 Necessary contact lenses are determined at the provider's discretion for one or more of the following conditions: Following cataract surgery without intraocular lens implant; to correct extreme vision problems that cannot be corrected with eyeglass lenses and/or frames; with certain conditions such as anisometropia, keratoconus, irregular corneal/astigmatism, aphakia, facial deformity; or corneal deformity. If your provider considers your contacts necessary, you should ask your provider to contact United Health care vision confirming the reimbursement that United Health care will make before you purchase such contacts.

#### Important to Remember:

#### In-Network

- · Always identify yourself as a UnitedHealthcare vision member when making your appointment. This will assist the provider in obtaining your benefit information.
- Your participating provider will help you determine which contact lenses are available in the United Healthcare selection.
- Your \$150.00 contact lens allowance applies to materials. No portion will be exclusively applied to the fitting and evaluation. Your material copay is waived when purchasing non-selection contacts.
- Patient options such as UV coating, progressive lenses, etc., which are not covered-in-full, may be available at a discount at participating providers. The Lens Options list can be found at myuhcvision.com.

#### Choice and Access of Vision Care Providers

United Healthcare offers its vision program through a national network including both private practice and retail chain providers. To access the Provider Locators ervice or for a printed directory, visit our website myuhcvision.com or call (800) 638-3120, 24 hours a day, seven days a week. You may also view your benefits, search for a provider or print an ID card online at myuhcvision.com. Retain this UnitedHealthcare vision benefit summary which includes detailed benefit information and instructions on how to use the program. Please refer to your Certificate of Coverage for a full explanation of benefits.

In-Network Provider - Copays and non-covered patient options are paid to provider by program participant at the time of service. Out-of-Network Provider - Participant pays full fee to the provider, and UnitedHealthcare reimburses the participant for services rendered up to the maximum allowance. Copays do not apply to out-of-network benefits. All receipts must be submitted at the same time to the following address; UnitedHealthcare Vision, Attn. Claims Department, P.O. Box 30978, Salt Lake City, UT 84130, Written proof of loss should be given to the Company within 90 days after the date of loss. If it was not reasonably possible to give written proof in the time required, the Company will not reduce or deny the claim for this reason. However, proof must be filed as soon as reasonably possible, but no later than 1 year after the date of service unless the Covered Person was legally incapacitated.

Customer Service is available toll-free at (800) 638-3120 from 8:00 a.m. to 11:00 p.m. Eastern Time Monday through Friday, and 9:00 a.m. to 6:30 p.m. Eastern Time on Saturday.

This Benefit Summary is intended only to highlight your benefits and should not be relied upon to fully determine coverage. This benefit plan may not coverall of your healthcare expenses. More complete descriptions of benefits and the terms under which they are provided are contained in the certificate of coverage that you will receive upon enrolling in the plan. If this Benefit Summary conflicts in anyway with the Policy issued to your employer, the Policy shall prevail.

UnitedHealthcare vision coverage provided by orthrough UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or its affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates Planssold in Texasusepolicyform number VPOL.06.TXor VPOL.13TX and associated COC form number VCOC.INT.06.TXor VCOC.CER.13.TX. Planssold in Virginia use policy form number VPOL.06.VA or VPOL.13.VA and associated COC form number VCOC.INT.06.VA or VCOC.CER.13.VA.



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10/01/2017



**Annual Maximum** The highest amount of money your insurance plan will pay out

to you in one year.

Coinsurance The percentage your insurance company will pay after you have

met your deductible

Deductible The dollar amount you must reach before your health benefits

and coinsurance can be used. Some services, such as preventive

services, may be covered without meeting the deductible first.

In-Network Providers Health care providers have an agreement with your insurance

company to offer a reduce rate for quality care. Your coverage

is often the highest when you use an In-Network provider.

Open Enrollment The annual period in which you can enroll in a benefit plan for

the following year.

Health care providers that do not have an agreement with your **Out-of-Network Providers** 

insurance company to offer discounted rates. You may have a

lower level of coverage if you use Out-of-Network providers.

PPO (Preferred Provider

Organization)

A health care organization that has an agreement with your insurance company to offer a reduced rate for quality of care

Organization)



## F. FREQUENTLY ASKED QUESTIONS

- 1 What is an In-Network Only (INO) Dental Plan?
- An INO plan offers comprehensive coverage and access to a national PPO network
- In general, only In-Network services are covered in an INO plan
- www.myuhc.com is the website for In-Network Only provider look-up
- National options PPO20 is the network for BOTH Dental Plan choices
- No Out-of-Network benefits are available in this plan
- 2 How does an INO plan design differ from the standard PPO plan?

Like the PPO products, the standard INO and PPO plans share the following features:

- Coverage provided for comprehensive dental care
- Access to a broad, nationwide network of dental providers that have gone through a rigorous credentialing process
- No need to select a primary care dentist
- No referral for specialty care
- No claim forms for In-Network services

The INO also has the following features:

- No waiting periods
- \$3,500 annual benefits maximum
- Plan has no deductibles
- Coinsurance plans help you know out of pocket costs up front
- One national co-payment schedule for each fixed co-payment INO plan design
- Orthodontics covered at 50% coinsurance, \$2000 maximum
- Non-Network Emergency Palliative Care at In-Network rates
- What are the advantages of an INO to employees?
- Coverage provided for comprehensive dental care
- Access to a broad, nationwide network of dental providers that have gone through rigorous credentialing process
- Fixed co-payment options mean you know out of pocket costs up front
- Orthodontics covered at 50% coinsurance, \$2000 maximum
- No need to select a primary care dentist
- No referrals for specialty care
- No deductibles
- No waiting periods
- \$3,500 annual benefits maximum
- No claim forms for In-Network services
- <u>www.myuhc.com</u> has a provider look up for members or you can call Customer Service to locate a provider near you look for PPO20 network providers on the website.
- 4 Are there waiting periods for major services?

There are no waiting periods for major services.

5 How do I find a provider?

To find a dentist or an eye doctor, simply perform a search for a doctor near you. Select a provider and give them a call to confirm their acceptance of United Healthcare – Single or Family. You can log on to <a href="https://www.myuhc.com">www.myuhc.com</a> or <a href="https://www.myuhc.com">www.myuhc.com</a> to search for a provider or you can also call UHC Dental at 866-249-0390 or UHC Vision at 800-638-3120.



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