

HEALTHY SCHOOLS INITIATIVE

HEALTHY FOOD



Can our schools begin to take steps to eliminate toxic chemicals from our children's meal choices? They can! Turning Green, and their program Conscious Kitchen, can guide us.

"The Conscious Kitchen partners with schools to shift the paradigm around food service, based on five foundational terms that define our commitment to fresh, local, organic, seasonal, non-GMO (FLOSN) meals."



www.consciouskitchen.org

Thank you for considering!



The problem:

Our school meals are putting our children at risk!

- America serves nearly **30 million** GMO or genetically modified school meals to our children every day in public schools.
- 80% of genetically modified foods are engineered to **withstand glyphosate-based herbicides such as Roundup.**
- **Glyphosate does not wash or cook off** and has been found in Cheerios, Goldfish, bread, crackers, oatmeal, pizza, eggs, bagels, yogurt, milk, and thousands of other foods.
- Glyphosate has been determined by the World Health Organization's International Agency for Research on Cancer (IARC) to be a **definite animal carcinogen and probable human carcinogen.**
- A recent California Supreme Court jury found Monsanto, a primary producer of Roundup, guilty of "malice and oppression," meaning they knew their **glyphosate-based herbicides cause cancer** and they suppressed the information, awarding Lee Johnson 289.2 million dollars. The Judge upheld verdict but reduced the award to 78 million.
- Glyphosate herbicide has also been found to be **neurotoxic, antibiotic, endocrine disrupting** (meaning to change sex hormones), and to cause **liver disease** at very low levels.
- GMO foods have been shown to produce **higher toxins** and can cause **genetic mutations, tumors, and organ damage.**

The solution:

Many schools, such as those in Marin County and Encinitas, CA have switched to primarily pesticide-free, non-genetically modified, organic, local food options for their students.

- A Newcastle University study published in the British Journal of Nutrition reviewed hundreds of studies and showed that organic produce and dairy have higher nutritional content and lower toxins.
- Alternative brands for organic snacks include **Annie's Homegrown, Nature's Path, and Cascadia.** Many organic snacks can be found at Costco, Albertson's, Sprout's, and more.



turning**green**

Moms Across America is a 501c3 nonprofit organization www.momsacrossamerica.org

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ENVIRONMENT

The problem:

Glyphosate-based herbicides such as Roundup and Ranger Pro are commonly sprayed on school grounds and public sidewalks and streets around schools.

- In the U.S., more than 26 million pounds of Roundup are sprayed every year on school grounds, public playgrounds, and gardens.
- Children spend the majority of their day on school grounds, making the school environment a major contributing factor to their health.
- Glyphosate has been found in our drinking water. 90% of pesticide run-off into our water supply is from urban use such as school grounds.
- Studies show that skin exposure is even more harmful than ingestion. (As stated in the courtroom by Brent Wisner from Baum, Hedlund, Aristei and Goldman.)
- The presence of glyphosate increases the harmful impact of other environmental toxins such as those in cleaning solutions.
- Roundup and Glyphosate-based herbicides have tested positive for toxic levels of arsenic, a known carcinogen.
- The resources for the scientific studies mentioned on these flyers can be found at www.momsacrossamerica.org/data

We can do better!

Will our schools use safe alternatives instead? Steam weed control, mulch, and organic land management are being used by nearly 200 school districts, towns, homeowners associations, and more across the USA*. We can too! Thank you for considering Integrative Pest Management plans such as those found on Beyond Pesticides and the Ten Alternatives to Roundup comments as found on Moms Across America -

www.momsacrossamerica.org/toxin_free_town

*Map found on Moms Across America under ACTION and Toxin Free Town Campaign



School pesticide applicator Lee Johnson, father of two, who contracted terminal non-Hodgkin's Lymphoma despite wearing protective gear said in court regarding glyphosate, "I never would've sprayed the product on school grounds or around people if I knew it would cause them harm. It's unethical. It's wrong."

What does a Healthy School Look like?

1. We serve our children fresh, local, organic, seasonal, non-GMO food.
2. We use safe, toxin-free pest and weed management.
3. We use safe, toxin-free cleaning solutions, and products.

By taking these steps we can support our children to have the best possible educational environment and have their schools be listed as Healthy School Champions by Moms Across America.

Together we can create a healthy school environment for our children!

