

PILOT Group Participants Wanted!

If you feel compelled to identify or clarify your values, discover and cultivate your strengths, and create a greater self-awareness that empowers you to find your authentic leadership style, AND/OR if you are someone who benefits from having structure, tools, and support to help you with self-discovery, learning, and growth, please consider joining the PILOT group for my new program, ***UnMasked Me, UnMasked Leader™***.

Young professionals at all career levels are welcome. Participants will explore questions such as:

- What are my strengths?
- How do I cultivate and build my strengths?
- How do I honor my strengths while addressing or managing my weaknesses?
- How do I leverage my strengths more fully in my work and volunteer efforts?
- What are my core values?
- What are the guiding principles for my life?
- How do I honor my values and principles in decision making?
- What motivates me?
- What is my authentic leadership style?
- How do I determine when I need to flex my style to better communicate and work with others?

The Need

- I am looking for **at least ten young professionals** to help me pilot this combination of tools and resources
- I will be seeking feedback during and after the program
- At the conclusion of the program, I will be requesting stories and testimonials about the value of the program and specific results achieved

What's Included

- Three self-assessments and related tools and coaching
- Workbook(s) and tools for reflection/journaling, action planning and integration
- 6 hours of Individual coaching
- 1-3 group calls (TBD) based on final number of participants



Program value

- The assessments, workbooks, and tools alone are valued at over \$55
- The individual coaching and group sessions are valued at over \$500
- **During this pilot offer, your financial investment would only be \$75.**

Time commitment

- Two hours per month for individual coaching calls (Apr-June)
- A one-hour group call in March, potentially 2 or 3 other group calls between Apr-Jun
- 20-45 minutes for each of the three assessments
- At least one hour per week for the additional exercises and application

Expected Program Outline

- March: Identify your strengths and developmental needs, cultivate your strengths
- April: Discover your values and guiding principles, personal ethics
- May: Clarify your motivations, connect to your strengths and values
- June: Create a plan/approach to design your ideal life to live and lead authentically
- Throughout the program, you'll receive individual coaching in areas such as:
 - Observations you've made
 - Connecting your strengths, style preferences, values, motivations – what are they telling you about your signature leadership style?
 - Trouble spots/how do they lead to stress & burnout?
 - Healthy behaviors desired/how to cultivate them

Questions? Interested in Participating?

If you want to learn more, or want to sign up, please contact me via email or phone by end of the day Wednesday, February 19 to discuss further.

Referrals Welcome!

If you know other young professionals who might be interested, please request that they contact me by end of day Wednesday, February 19.

Contact Information

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