HUNGER ACTION MONTH™ | FEEDING AMERICA

Yolo FOOD BANK

September 2014

HungerActionMonth.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Together We Can Solve Hunger™	**1** *Labor Day* Collect canned veggies from BBQ guests for Yolo Food Bank	**2** Post this calendar on the office fridge & share via email!	**3** "Like/Follow" us on Facebook & Twitter	**4** **Hunger Action Day!™** (Wear Orange)	**5** Learn more about volunteering at Yolo Food Bank Yolofoodbank.org/givetime	**6** Make your Facebook profile "Turn Orange for Hunger Relief"
7 *Grandparents Day* Send a donation to Yolo Food Bank in honor of hungry seniors.	**8** View poverty statistics for Yolo County at *FeedingAmerica.org/*	**9** Volunteer in our office or help pack produce! Yolofoodbank.org/givetime	**10** Learn about Yolo Food Bank programs at yolofoodbank.org/programs	**11** Volunteer with Yolo Food Bank & pack produce for our kids programs	**12** Post a picture of you on Facebook donating 5 nonperishable items to Yolo Food Bank	**13** Watch the film *30 Days on Minimum Wage*
14 Consider including Yolo Food Bank in your estate planning and have a lasting impact on our community	**15** Many hands make light work! Volunteer with us—get involved at Yolofoodbank.org/givetime	**16** Pick Up a Coin Can from Yolo Food Bank & collect spare change. Bring it back when it's full!	**17** Post/tag a picture on Facebook to call attention to Hunger Action Month.	**18** Make a donation to YFB $5 can provide 14 meals yolofoodbank.org/give_funds	**19** Volunteer at Friday's Table @ Yolo Food Bank and distribute nutritious food to community members in need.	**20** Register for Running of the Turkeys 5k Run/Walk Runningoftheturkeys.org
21 Blog, tweet, post on social media about Hunger Action Month	**22** Take part in the SNAP Challenge! Live off of $4.50 per day for the entire week.	**23** Plan a food drive competition among friends	**24** Volunteer at Yolo Food Bank to help sort/pack produce or food boxes	**25** Organize a brownbag lunch with co-workers. Donate your lunch money to Yolo Food Bank.	**26** Invite your local Elected official to visit Yolo Food Bank...and join them!	**27** Volunteer with us! Help pack food for our Urban, Rural and Senior Food Delivery programs
28 Write a letter to a newspaper editor or post a blog about hunger	**29** Make coffee at home this week. Donate the savings to Yolo Food Bank.	**30** Share your stories & pics of Hunger Action Month with us on Facebook & Twitter!				

By accepting the SNAP Challenge, you'll commit to eating all of your meals from a limited food budget comparable to that of a SNAP participant—$1.50 per meal.

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