EXERCISE THEIR MINDS™. INVEST IN PHYSICAL EDUCATION.

The benefits of physical education ring clear as a school bell.

With daily PE, we can keep kids’ hearts healthy and their minds in gear to do their best at school. But the benefits don’t end there. Physical education programs improve judgment, reduce stress, and increase self-esteem. PE is so much more than physical activity. It’s time to better support the whole child.

Together, we can create a school environment that promotes healthy minds and bodies by improving access to effective PE programs for all children, regardless of their zip code.

Visit www.HealthyKidsRI.org