Sample Script

* Hi, I’m [Name]
* I’m from [city/town]
* Being an advocate for the American Heart Association is meaningful to me because…  [i.e. “Four years ago, I survived a stroke and we worked to pass X legislation.” OR “I am I high school and see the threat of vaping and e-cigarettes every day, so…”]
* The work of advocacy is especially important today because…
* Thank you

Make sure to encourage them to Wear Read on Friday for National Wear Red Day. Tag your lawmaker and @AHAIowa and use the hashtag #AHAIowa.