



# FIRST DIRECTIONS: RECLAIMING OUR BODIES

## Indigenous Youth HIV Leadership & Video Making Workshop

March 24 – 30, 2019

\*\*\*Applications Due by Wednesday February 15th, 2019\*\*\*

Do you identify as being Indigenous?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Do you primarily live in British Columbia?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Are you between the ages of 15 and 29?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Are you available to travel to Langley, BC from March 24 <sup>th</sup> - 30 <sup>th</sup> , 2019?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If you are under 18, do you have permission from your caregiver?	Yes <input type="checkbox"/>	No <input type="checkbox"/>

If you answered yes to all of the above questions, First Directions is for you!!

### How to apply

- 1. Find an adult mentor in your community who is willing to support your application.** This person does not need to come with you, but will be willing to offer you opportunities in your community after First Directions! The person should be someone who is comfortable talking about HIV, harm reduction, and sexual health. It could be a youth worker, teacher, Elder, or someone who has taken HIV trainings before. **Have this person fill out the Adult Mentor information on page** This form can be handwritten or completed electronically.
- 2. Fill out the application form (pages 2, 3, 4 & 5)**
  - This form can be handwritten or completed electronically.
  - If you are under 18 years old, you will need permission to participate from your caregiver, whether that is a family member or a social worker.
  - Your mentor or the Yúusnewas team can help you fill this out! If you need access to a computer, printer, or scanner, give us a call at **604-688-1441**, or connect with us on Facebook or Instagram.
- 3. For youth under 18: have your caregiver, parent, guardian, or social worker complete the consent form (signature required on pages 8).**
- 4. Complete photo/video release so we can show your videos to various audiences (page 9). For youth under 18, your caregiver, parent, guardian, or social worker will need to complete this form.**
- 5. Give your application to the YouthCO team by mail, dropping off in person, or by email:**
  - *In person or mail:* 205 – 568 Seymour Street Vancouver, BC V6B 3J5
  - *Email:* [firstdirections@youthco.org](mailto:firstdirections@youthco.org)

## BASIC INFORMATION ABOUT YOU!

Please tell us a little about you so we can make this the best training possible!

<b>Your Name:</b> (the name you want people to call you)
<b>Your name as it appears on your ID:</b> (for travel booking and emergency situations)
<b>Pronouns:</b> (for example, he/him/his, she/her/hers, they/them/theirs)
<b>Birthdate:</b> (for travel booking and emergency situations)
<b>Age:</b>
<b>Email Address:</b>
<b>Phone Number:</b> (please state if call or text is preferred, and if it is okay to leave a voicemail)
<b>Best way to contact you:</b>
<b>Mailing Address</b> (so we can mail you a copy of the video you made after the workshop) <i>OR state if you have a preference for pickup from the YouthCO office:</i>
<b>Which Nation(s)/Band(s) do you belong to?</b>
<b>Which community/reserve do you live on?</b>
<b>Emergency Contacts:</b>
Name:
Relationship:
Phone Number /best way to get in touch:
Name:
Relationship:
Phone Number /best way to get in touch:
<b>Would you like to receive updates about future YouthCO and Yúusnewas events by email?</b> Yes <input type="checkbox"/> No <input type="checkbox"/>
<b>You can also follow us on Instagram @yuusnewas or @youthco.</b>



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We would love to know if you have any questions about First Directions or this application form. Contact us at [firstdirections@youthco.org](mailto:firstdirections@youthco.org) or 1-855-YOUTHCO (1-855-968-8426).

## WHAT ARE YOU INTERESTED IN?

Youth leadership is a big part of our work at Yúusnewas! As a group of Indigenous youth, we work to help each other take care of ourselves and our communities, and to connect with our teachings as Indigenous people.

Our organization, YouthCO, is committed to reducing the impact that stigma around sex and drug use have for young people in British Columbia. Part of what we want to do during First Directions is support Indigenous youth in having conversations about sexual health and harm reduction that are connected to our culture.

**During First Directions, participants work together in small groups to make videos on topics they care about.** In the past few years, youth have made videos about language and culture, gender diversity, colonization, and stigma about HIV. **You can watch some of the videos at [http://www.youthco.org/first\\_directions\\_videos](http://www.youthco.org/first_directions_videos).**

The videos we make at First Directions are used to raise awareness about what Indigenous youth need and want when it comes to health and wellness. They are also entered into film festivals around Turtle Island. And, best of all – **you may be able to host a community gathering to show the film you helped make in your community.** Yúusnewas and your adult mentor may be able to help.

**Please list a few topics related to Indigenous youth health and wellness you may want to explore at First Directions and in a video project.**

- 1.
- 2.
- 3.
- 4.
- 5.



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## TRAVEL

**Travel to and from First Directions is all paid for and arranged by Yúusnewas.** We will work with you and your community to make it possible for you to attend. We can reimburse mileage for rides to/from the airport or the workshop location in Langley, book planes, trains, or ferries, and offer other types of transportation as well (e.g. picking you up by car and bringing you to Langley).

<b>Where you will be leaving from on March 24 to get to Langley, BC:</b>
<b>Where is the closest airport, train station or ferry terminal?</b>
<b>Which forms of transportation to get to Langley, BC would work best for you?</b> <b>Check all that apply:</b>
<input type="checkbox"/> Plane <input type="checkbox"/> Car (my car or the car of someone in my community) <input type="checkbox"/> Car (a ride from someone on the Yúusnewas team) <input type="checkbox"/> Ferry <input type="checkbox"/> Train <input type="checkbox"/> Other
<b>Where you will be going back to on March 30 when you leave Langley, BC:</b>
<b>Where is the closest airport, train station or ferry terminal?</b>

## ACCOMODATION

**We have shared accommodations for the week at Springbrooke Retreat Centre in Langley, BC.** Youth will be sharing rooms with 3-10 other youth during the week. YouthCO staff will provide supervision throughout our time together.

We will do our best to place you in a shared room that will be as comfortable as possible for you. At YouthCO, we do not assign rooms by gender. We will balance a variety of factors when making room selections.

- Is there anyone attending you would prefer to share a room with? (We will try, but can't guarantee this!)
- Are there any access or safety needs you want us to be aware of when creating your room grouping?

## What's a retreat without a tshirt to say you've been?

**What tshirt size would you like us to order you? \_\_\_\_\_**



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## HEALTH & WELLNESS INFORMATION

<b>Do you have any dietary restrictions or food allergies?</b> (e.g., are you vegetarian, vegan, gluten sensitivity, etc...)
<b>What's your favorite food?</b>
<b>Do you have any medical, mental, or physical health needs</b> that we should be aware of while you are at First Directions? (e.g. prone to seizures, taking medications, severe allergies, need to avoid stairs, anxiety etc.) <b>Please let us know how we can address those needs while you are at First Directions.</b>
<b>Do you have any access needs you would like to share?</b> Access needs include ways we set up the space and accommodation so it is as easy and safe as possible for everyone to participate. Access needs include things like having gender neutral washrooms, ASL interpretation, peanut-free space, lots of breaks, access to prescription or cultural medicines, and many other things that can take care of our emotional, mental, spiritual, or physical selves. We will ask about access needs during the event as well!

**This questions is OPTIONAL.** We'll use this info to plan the training, and to let our funders know a little bit about who we are reaching. This information will remain confidential.

**Do you identify with any of the following identities?** (check all that apply)

- |                                                                 |                                                         |
|-----------------------------------------------------------------|---------------------------------------------------------|
| <input type="checkbox"/> queer and/or trans                     | <input type="checkbox"/> person living with Hepatitis C |
| <input type="checkbox"/> person living with HIV                 | <input type="checkbox"/> Under 20 years old             |
| <input type="checkbox"/> person currently using injection drugs |                                                         |

These are just some of the ways people may identify. If you'd like, you can share any other ways you identify here:

I identify as \_\_\_\_\_.



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## ADULT MENTOR INFORMATION

**Adult mentors are people in your community who is willing to offer you opportunities in your community after First Directions to share what you learned. This could be showing the video you made in your community.** The person should be someone who is comfortable talking about HIV, harm reduction, and sexual health. It could be a youth worker, teacher, nurse, health worker, Elder, or someone who has taken HIV trainings before. **Adult mentors do not need to come with youth to First Directions.**

By asking for an adult mentor, we are able to tie youth into a supportive network so that they can share the information that they learn at the training, potentially volunteer for events such as health fairs and community workshops. We will also invite mentors and youth to host a screening of the video they have produced in their home community, supported by Yúusnewas!

<b>Adult Mentor Name:</b> (the name you want people to call you)
<b>Pronouns:</b> (for example, he/him/his, she/her/hers, they/them/theirs)
<b>Email Address:</b>
<b>Phone Number:</b> (please state if call or text is preferred, and if it is okay to leave a voicemail)
<b>Best way to contact you:</b>
<b>If applicable, name of the place where you work or volunteer:</b>
<b>Your role:</b> <input type="checkbox"/> Community Health Nurse <input type="checkbox"/> Community Health rep <input type="checkbox"/> Teacher <input type="checkbox"/> Elder <input type="checkbox"/> Youth worker <input type="checkbox"/> Peer, educator, volunteer or worker connected to HIV <input type="checkbox"/> Around the Kitchen Table graduate <input type="checkbox"/> Positive Leadership Development Institute graduate <input type="checkbox"/> Other _____



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**FIRST DIRECTIONS CONSENT FORM**  
**Indigenous Youth HIV Leadership & Video Making Workshop**  
Springbrooke Retreat and Conference Centre  
22778 72nd Avenue, Langley, BC  
**March 24-30, 2019**

**First Directions: Reclaiming our Bodies** (the "Event"), is an initiative led by YouthCO HIV and Hep C Society supported by the First Nations Health Authority and The MAC AIDS Fund. YouthCO has been operating since 1994, providing peer education and support to youth around HIV. Yúusnewas is the name of the Indigenous youth program at YouthCO. **This is a free program for Indigenous youth in British Columbia.**

At First Directions, we bring Indigenous youth together from across the province to develop short videos on topics youth choose related to Indigenous youth health and wellness. During First Directions, 15-25 Indigenous youth participants will:

- Stay in shared accommodations, supervised by Indigenous youth staff from the Yúusnewas team
- Receive training on HIV, sexual health, harm reduction, and decolonization
- Learn how to create a video, including how to use film equipment, create a storyboard, and edit their work
- Working in small groups, develop a film on a topic of their choice related to Indigenous youth health and wellness

After First Directions, Indigenous youth will receive a copy of their final video in the mail. Along with their adult mentor, Indigenous youth will have the opportunity to host a community gathering where they show their film.

**YouthCO will cover travel costs to and from the workshop as well as meals and accommodations during the training to participants whose applications are accepted.**

We will work with families and communities to ensure safe transportation for all youth. YouthCO may be able to support a travel attendant for youth under the age of 18.

Sunday, March 24<sup>th</sup>

- Youth travel to Langley, BC
- Evening opening prayer and welcoming

Tuesday, March 26<sup>th</sup> to Friday, March 29<sup>th</sup>

- Workshops on decolonization, HIV, sexual health, and harm reduction
- Video making workshops and small group work
- Evening programming includes cultural activities; one night, we offer a trip to Metrotown

Saturday, March 30<sup>th</sup>

- Pack and tidy
- Participants travel back home

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If you are under 18 years old, please have a parent, guardian, caregiver, or social worker sign below:

**NAME OF YOUTH PARTICIPANT:** \_\_\_\_\_

**NAME OF CAREGIVER:** \_\_\_\_\_

I hereby consent to allow my child to attend the First Directions: Reclaiming Our Bodies (the "Event"), as set out in the event description.

I acknowledge that the role of YouthCO HIV and Hep C Society ("YouthCO") is limited to funding and coordinating the Event, and that YouthCO does not bear any responsibility for adult sponsors (youth mentor), for the safety and/or supervision of my child during the Event, nor during transportation to and from Event activities.

I have read and understood the information provided with this form.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to child

If you have questions about the training please contact Larissa Wahpooseyan, Yúusnewas Program Manager, YouthCO by email: [larissaw@youthco.org](mailto:larissaw@youthco.org)  
phone: 1-855-435-7443 or 604-688-1441





## Photo/Video Release Form

I, \_\_\_\_\_, give permission to Reel Youth and YouthCO HIV and Hep C Society to use photographs, audio and/or video footage taken of or by me at the *First Directions: Reclaiming Our Bodies* on March 24<sup>th</sup> – 30<sup>th</sup>, 2019.

I consent to allow these photographs, audio and/or video materials to be used in publications or promotional material produced by YouthCO and Reel Youth, and/or those acting within YouthCO's permission, and to be distributed in print, electronic (including internet publications), and video format.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

If you are under 18 years old, please have a guardian sign below:

I have read and understood the information provided with this form. I give permission to YouthCO HIV and Hep C Society to use photographs, audio and/or video footage taken of or by the youth under my guardianship at the *First Directions: Reclaiming Our Bodies* on March 24<sup>th</sup> – 30<sup>th</sup>, 2019.

I authorize the use of these photographs, audio and/or video materials as described above. I understand that there will be no compensation, payment or remuneration for photographs, audio and/or video taken during this time.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to child

\*In order to participate in the training, everyone attending must sign a Photo/Video Release Form.

